

Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026**Results - Session 9 (Warmup 2.50 - 3.50)****Event 330 Men 12-13 4x200 LC Meter Freestyle Relay**

Team	Relay				Finals Time
1 COCY	A				9:29.05
1) Jones, Sam 13	2) King, Henri 13				
3) Jones, Zac 12	4) Jenkins, Rhys 13				
30.86	1:05.60	1:40.87	2:14.14		
2:45.74	3:21.72	4:00.07	4:38.97		
5:12.97	5:51.97	6:31.31	7:10.00		
7:41.90	8:17.42	8:53.99	9:29.05		
2 TDOY	A				9:51.14
1) Cook, Noah 13	2) Pugh, Bryn 13				
3) Bellew, Sebastian 13	4) Jones, Owain 13				
31.57	1:06.33	1:43.24	2:18.86		
2:51.74	3:28.42	4:06.70	4:42.90		
5:17.39	5:57.35	6:37.39	7:15.78		
7:50.46	8:30.24	9:10.92	9:51.14		